



# **NOBBE ORTHOPEDICS, INC.**

**Rebuilding Bodies, Restoring Lives...**

[www.nobbeorthopedics.com](http://www.nobbeorthopedics.com)

## **HALO CARE**

### **PIN CARE:**

**Generally the pin sites will drain a small amount of fluid following application of the halo. Frequent pin care at this time is important in order to prevent the accumulation of crusty drainage, which increases the risk of infection. A 50/50 solution of sterile water and hydrogen peroxide is recommended. Clean the pin sites with Q-tip type applicators two times per day. Do not use antibiotic ointment unless directed to do so by your physician.**

**The goal is to keep the pin sites free of debris and permit the drainage to easily flow to the outside in order to prevent infection and abscess formation. Most patients can be taught to do their own pin care. The pin sites need to be checked daily for signs of infection. Do not touch the pin sites with your hands.**

### **HYGIENE:**

**There is no showering in the brace. Wash under the liner with an alcohol soaked towel and then lightly dust with talcum powder. With the prescribing physician's permission, we recommend a cotton tank type undershirt between the halo vest and the body. Cut the shoulder straps and slide the shirt on over the legs and pull it up.**

**During the hospital stay, the doctor and orthotist will follow up pin torques, fitting of the vest and assembly.**

### **VERY IMPORTANT:**

**After discharge from the hospital, continue the cleaning of the pin sites. It is the responsibility of the patient and/or family to see the physician or orthotist for bi-monthly halo checks. Report any signs of pin looseness or discomfort to the doctor or orthotist as soon as possible. The orthotist can recommend how to modify clothing to wear over the vest.**